



Be + Know

*Discover your inner wisdom*

### Limited Liability

Participants in the Sunday Gatherings recognize that these sessions are an alternative, non-traditional therapy, and have had full opportunity to investigate inner voice sessions, its training and approaches, ask questions, and are comfortable with participating in such therapy.

Participants are voluntarily participating in the sessions and accept complete responsibility for his/her/their own psychological, mental, emotional, social and spiritual wellbeing.

In consideration for participating in these Gatherings, participant hereby fully releases, discharges and waives all claims against Susan Moyer, The Thriving Family LLC, DBA Be+Know and Shannon Funt, May You Be Mindful, LLC from any and all claims known or unknown, of any nature, arising from or in any way connected to participants' inclusion in the Sunday Gatherings.

### Consent to Recording

Participant agrees to allow each Sunday Gathering to be recorded, audio only, and agrees content may be shared at Susan and Shannon's discretion.